



mental health
community coalition ACT

Annual Report 2015–2016

*We are the voice for quality
mental health services shaped by
lived experience*



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*Front cover: Mental Health Week ACT 2016 award winner, Felicity Maher. Photo: Alex Boyer
Back Cover: Lake Tuggeranong College's 'Positive Messages' project. Photo: Phil Styles*

Board Report

It is a pleasure to introduce this MHCC ACT Annual Report 2015–2016.

It has been a busy and in some ways challenging year for MHCC ACT and the Board. A dominant theme of the year has been strategic planning. The Board initiated the development of a new Strategic Plan with a workshop in early 2016. This was followed by a facilitated planning day and a lengthy process of drafting, consultation and wordsmithing the new strategy.

One of the issues considered in the strategic plan is the continually changing environment that MHCC ACT finds itself in. The NDIS and the transfer of Commonwealth funding to the Primary Health Networks has been a driver of extensive change in the sector. The task of MHCC ACT is to ensure that the community managed mental health sector fares as well as possible in this change.

The introduction of the NDIS has pushed some community organisations to become fee-for-service businesses. It has also opened up the space for new entities such as for-profit businesses, disability organisations and sole traders. The Board strongly recognises that as the peak body, MHCC ACT needs to respond and adapt to this new environment.

This need to respond to a changed environment is one of the key drivers behind a review of the organisation's Rules of Association, which will take place in the 2016–2017 year. What does the appearance of a new range of organisations mean for our membership? Are our Aims and Objectives still fit for purpose? It is also clear from a cursory review that there are several clauses which need updating and clarifying.

During the year, a number of Board members resigned, including the President and Vice-President. This made the Board acutely conscious that members are time-poor and their capacity to undertake official roles is limited. We will need to work at several levels to achieve a Board membership that has both the skill and capacity to effectively lead MHCC ACT into the future.

Finally, the Board would like to thank Simon Viereck and the MHCC ACT team for their hard work and dedication over the year, and the support they give to the Board. We look forward to working with them and the MHCC ACT membership in the new year to ensure we are strong, influential and representative of the sector.

Executive Officer Report

It has been an eventful year for MHCC ACT. The staff and Board have worked hard to support and advocate for the community managed mental health sector.

Some of our successes this year include coordinating another fantastic celebration of Mental Health Week, facilitating NDIS workshops, and improving our newsletters. We also reinvigorated our regular forums, resulting in increased attendance and positive feedback.

A number of significant changes are facing the community managed mental health sector:

- The NDIS is changing the nature of work for a number of our member organisations and has seen the introduction of a fee-for-service environment.
- Commonwealth funding reform is driving a shift towards local planning. In the ACT, this will see Capital Health Network take a lead role in planning and commissioning primary mental health services.
- In mid-2016, ACT Health announced they would be reviewing funded services in the sector, in many cases re-tendering.

This creates a picture of the sector in a state of flux. To support our members, we have assisted many organisations navigate the NDIS transition and are engaging with Capital Health Network on the reforms.

I am excited to launch the new MHCC ACT Strategic Plan. Our five-year goals reflect the importance we place on representing the interests of the sector, consumers and carers. This will ensure we remain a relevant and effective peak body in a changing environment.

I would like to thank the MHCC ACT staff for their dedicated work. Office Manager Natasha Lobo recently achieved three years of service. The Policy & Sector Development Team farewelled policy officer Stacy-ann Robinson to a position at Yale University, and we welcomed Sarah Kellett to our communications team.

My thanks to the MHCC ACT Board for their support and diligence throughout the year. And thank you to our members, without whom none of this would be possible. I look forward to working with you in the year ahead.

Simon Viereck, Executive Officer



Strategic Plan 2017–2021

MHCC ACT is excited to launch our new strategic plan for the period 2017–2021.

To develop the strategic plan, MHCC ACT staff took part in a workshop at business development company, ThinkPlace. With the help of the expertise from ThinkPlace, we explored challenges and opportunity facing the sector, and the value and role of MHCC ACT into the future.

In consultation with the Consumer and Carer Caucus and the Board, we developed these statements for the organisation:

Vision

We are the voice for quality mental health services shaped by lived experience.

Purpose

Foster the capacity of ACT community managed mental health services to support people to live a meaningful and dignified life.

Goals

We formed our goals under four headings:

- Strong Services
- Influential
- Valued Sector
- Effective Workplace

These capture the four areas of impact that we will be prioritising for the next five years.

Our new strategy is designed to be printed as a poster and displayed around the office. A copy is on the next page.

Vision

We are the voice for quality mental health services shaped by lived experience

Purpose

Foster the capacity of the ACT community managed mental health sector to support people to live a meaningful and dignified life

Goals



Strong services

To support providers to deliver quality, sustainable, recovery-oriented services, we will:

Ensure lived experience is at the heart of service development and provision

Promote evidence-based innovation in service design and delivery

Foster strong partnerships between services

Advocate for viable, sustainable funding for community sector organisations



Influential

To represent our members and provide advice that is valued and respected, we will:

Proactively participate in agenda setting with evidence-based advocacy

Represent the views of our members and people with lived experience

Build and maintain our networks of influence

Promote the role of community sector providers in health care reform

Our voice, our future

MHCC ACT Strategy

2017 to 2021



Valued sector

To showcase the role of community managed services in supporting people's recovery, we will:

Build understanding of the sector's contribution to health and wellbeing

Strengthen collaboration between clinical and community services

Promote a whole of person approach to recovery

Encourage initiatives that support recovery in the community



Effective workplace

To ensure MHCC ACT is well governed, ethical and has good employment practices, we will:

Support a mentally healthy workplace that honours diversity

Recognise and develop the roles of staff and Board members

Model transparency and innovation in how we work

Encourage a culture of collaboration and inclusion



mental health
community coalition ACT

Treasurer's Report

MHCC ACT audited financial statements for the 2015–2016 financial year record a total income of \$641,782.00 (14/15: \$635,532.00) and total expenses of \$607,523.00 (14/15: \$589,079.00) for a surplus of \$34,259.00 (14/15: \$46,453.00).

Both income and expenses are in line with the last financial year. As usual, employment expenses and project expenses make up the vast majority of the organisation's total expenses.

Cash reserves of \$400,554.00 (14/15: \$340,406.00), with net assets of \$346,382.00 (14/15: \$312,123.00) provide the organisation with a solid contingency.

The MHCC ACT 2015-2016 budget was developed by a Board Finance and Audit Committee. The committee comprises of five members with two members from the Board, the MHCC ACT Office Manager and Executive Officer and one external committee member who has financial expertise.

The Finance and Audit Committee includes:

- Natasha Lobo - MHCC ACT Office Manager
- Simon Viereck - MHCC ACT Executive Officer
- Emma Robertson - MHCC ACT Board
- Jacqui Price - MHCC ACT Treasurer
- Dipak Mehta - External Member

The Committee reviewed the budget during the year. One area identified for review was audit services. New quotes were sought and as a result the Board decided to change auditors, rather than proceed with the auditors appointed at the last Annual General Meeting.

I would like to thank Office Manager, Natasha Lobo and Successful Alliances for providing MHCC ACT with another year of careful bookkeeping and payroll services, and also MCS Audit for providing audit services to MHCC ACT.

I would also like to thank the members of the Finance and Audit Committee for their support.

Jacqui Price, Treasurer



MHCC ACT Board Membership

Marie Bennett	ACT Medicare Local	President Resigned May 2016
Sharon Leigh-Hazell	Carer Representative	Vice President
Jacqui Price	Mental Illness Education ACT	Treasurer
Purity Goj	ACT Mental Health Consumer Network	Secretary
Pam Boyer	Woden Community Service	
Gavin Bussenschutt	Mental Illness Fellowship Victoria	
Emma Robertson	Youth Coalition ACT	
Travis Gilbert	ACT Shelter	
Sue Ann Polden	CatholicCare Canberra and Gouburn	Commenced July 2016
Áine Tierney	Consumer Representative	
Marina Glover	Consumer Representative	Resigned January 2016
Peter Dwyer	Consumer Representative	Commenced January 2016
Jillian Thomsen	Carer Representative	Resigned June 2016

MHCC ACT Staff

Simon Viereck	Executive Officer	
Natasha Lobo	Office Manager	
Leith Felton-Taylor	Policy and Sector Development Manager	Part-time
Dianna Smith	Consumer and Carer Engagement Officer	Part-time
Zoe Davies	Communications	Part-time
Sarah Kellett	Communications	Part-time Commenced June 2016
Charlie Richardson	Policy and Sector Development Officer	Part-time Commenced July 2015
Mariana Oppermann	Policy and Sector Development Officer	Part-time On leave since October 2015
Stacy-ann Robinson	Policy and Sector Development Officer	Part-time Resigned June 2016

Caucus Annual Report

The ACT Consumer Carer Caucus is a forum for mental health consumers and carers in the ACT. It designed to provide a space for consumers and carers to meet, share information, and use their lived experience to bring about positive change within the mental health sector.

This year Caucus members were continually looking for ways to recruit new members and increase member involvement in projects. Unfortunately, meeting attendance by members has steadily declined this year. As a consequence, Caucus had trouble recruiting Co-Chairs and a decision was made to appoint one Chair.

Notwithstanding these challenges, Caucus activities this year included:

- Corresponding with the ACT Minister for Housing on public housing redevelopment in September 2015
- Hosting two speakers to attend meetings
 - Travis Gilbert from ACT Shelter in October 2015
 - Pamela Collett from U3A Mental Health Forum in April 2016
- Several members were also sponsored by MHCC ACT to attend conferences and forums including:
 - TheMHS 2015 Conference
 - National Press Club Not-For-Profit Sector Forum
 - Grace Groom Memorial Oration

In January 2016, a proposal was put to Caucus to review how Caucus currently operates to fulfil its purpose of informing the work of MHCC ACT and of being a united voice on mental health issues. This proposal included the development of an annual work plan and to change the regularity of monthly meetings to facilitate the outcomes of working groups. Although the proposal was accepted for a trial period, no work plan was developed and working group meetings were difficult to arrange. Subsequently, caucus members decided to go back to scheduled monthly meetings.

MHCC ACT would like to thank all Caucus members for their contribution and work. In particular, we would like to acknowledge the contribution of our departing Board Representatives: Jillian Thomsen, Sharon Leigh-Hazel, and Peter Dwyer who stepped down from their duties at the recent Caucus AGM. We sincerely thank you and wish you all the best with your next endeavours.

Consumer Perspective:

Board Representative Peter Dwyer

The sector has witnessed a lot of changes in the last year. Some of the changes to the NDIS have made it more difficult for people, especially in terms of IT accessibility. Caucus members were concerned about the uncertainty generated by how the Federal Government mental health reforms and the NDIS will affect the much needed services and assistance for people with mental illness. These issues and others have been discussed extensively in the Caucus meetings. This uncertainty has understandably contributed to low meeting attendance and the capacity of members to progress identified issues has declined.

Carer Perspective:

Chair Rose Beard

I would like to thank everyone for their input into the discussions that we have had at Caucus. I continue to be inspired by the people that attend the meetings and am gaining more confidence to share my experiences with the larger community. I am grateful for the opportunities and support from MHCC ACT for myself and other Caucus members to attend conferences and forums. It has been wonderful to see that other organisations have supported Caucus by attending the meetings, although the low attendance is disappointing.

Consumer Perspective:

Board Representative Aine Tierney

The past year sadly saw the passing of Philip Bell, who had been a dedicated Carer member of Caucus in the past and we acknowledge his valuable contribution to the consumer and carer movement locally and nationally. I also acknowledge the contributions of Sharon Leigh-Hazell and Rose Beard who have provided ideas and direction for the work of the Caucus.

The rapidly changing landscape of mental health has created consumer and carer fatigue and left many feeling demoralised. Caucus has used these challenges as an opportunity to explore strategies to attract new members and remain a vital, relevant and strong consumer and carer voice. Caucus has focused on monitoring the NDIS rollout, consumer and carer participation in the work of Capital Health Network; and discussing the closure of Brian Hennessy House and the need for appropriate accommodation for mental health consumers in the ACT.

As the Caucus consumer representative on the MHCC ACT board of management, I have acted as a conduit for information sharing between the board and caucus, ensuring the perspectives of consumers are included in all aspects of the work of the MHCC ACT. A particular highlight and focus of work this year has been the development of a new strategic plan and vision statement.

Policy and Sector Development Report

Over this busy and challenging year, the policy and sector development team has worked closely with our members and stakeholders.

As a peak body, we place great importance on our working relationship with the ACT Government and our role as conduit between government and community managed mental health services. It is equally important that we have a good understanding of the sector, and stay abreast of developments, concerns and issues.

The layers of change and reform instigated by all levels of government in the last few years has created an unprecedented level of uncertainty for the sector. For example, the sector has faced:

- Implementation of the NDIS trial in the ACT
- The Commonwealth Government response to the report into mental health services in Australia by the National Mental Health Commission
- New roles for the Primary Health Networks (in the ACT, the Capital Health Network)
- Development of the Fifth National Mental Health Plan
- ACT Government changes to services procurement



Connecting the sector through events and forums

A separate section in this report has been devoted to the NDIS. Below is a summary of our other key areas of work over the past year in sector development and policy.

Sector development

Our sector development work over the past year has encompassed a range of areas. We have been particularly involved in the development the new Adult Community Mental Health Services Model of Care, and the University of Canberra Public Hospital Model of Care.

We continue to build linkages and collaboration between organisations. For example, the organisation has worked closely with Capital Health Network on primary mental health reform

developments. As a member of the Primary Mental Health Strategic Reform Group we have contributed to a range of activities including:

- Developing a stepped care model
- Planning a service model as a lead site for services for youth with severe mental illness
- Developing an integrated mental health atlas for the ACT
- Joint mental health services planning with ACT Health

MHCC ACT was pleased to receive funding in the 2016 ACT Budget for the design of the first Mental Health Recovery College in the ACT. Recovery colleges use an adult education model to support people with mental illness to achieve their goals, not just manage their symptoms.

Though the Recovery College funding was only for one year, we are excited to work on this project and hope to secure funding in the next ACT Budget to fully implement our design. Thank you to the members who helped develop this evidence-based initiative; we are grateful for your support.

MHCC ACT works closely with other peak bodies, and over the past year we have:

- Supported the Youth Coalition Forum on 'Mental Health, Young People and the NDIS'.
- Worked with ADACAS and the ACT Network for Restorative Practice to hold forums on restorative practice in the disability and mental health sectors

- Participated as a panel member in the 2016 ACT Mental Health Carers Forum: 'Are We There Yet?'
- Contributed to the ACTCOSS Policy Forum 'Lost in Transition'
- Supported the ACTCOSS/ACT Shelter campaign on housing affordability and homelessness

In partnership with Carers ACT and the ACT Mental Health Consumer Network, MHCC ACT holds Quarterly Forums on various mental health topics. This year, we undertook a review of our Quarterly Forums to improve the format, allowing for more time for discussion. In response, attendance has significantly increased. Topics covered since July 2015 include:

- Innovative services from pharmacies for people with mental health issues
- ACT Health – specialist services available to people with mental health issues
- Mental health and housing stress
- The new ACT Mental Health Act
- Young people and mental health
- Capital Health Network and its role in commissioning services

Policy

During the past year some of our key areas of focus and involvement have been:

- Finalising and implementing the new ACT Mental Health Act
- Finalising the ACT Mental Health and Wellbeing Framework 2015–2025, which was endorsed by Cabinet in February 2016. To allow for adequate stakeholder consultation, MHCC ACT successfully secured from the ACT Government an extension for submissions from the sector.
- Delivering a submission on the Draft ACT Alcohol, Tobacco and Other Drug Strategy 2016–2020
- Delivering a submission on the National Consensus Statement on the Physical Health of People with a Mental Illness

In June 2016, MHCC ACT organised and held a Federal Election Mental Health Policy Forum. Senator Katy Gallagher (Labor), Robert Gunning (Liberal), and Christina Hobbs (Greens) discussed their policy positions on mental health to a room of consumers, carers and providers. Among the issues raised were the need for:

- Secure, safe accommodation options for people with mental health issues
- Funding certainty for service providers
- Coordinated approaches to suicide prevention
- Services in the community, with the aim of reducing the number of people needing to go to hospital



Mental Health Australia CEO Frank Quinlan announces the launch of Mental Health Week

Another important area of our policy work is our connection at the national level.

MHCC ACT is an active member of Community Mental Health Australia (CMHA), the national alliance of peak bodies for the community managed mental health sector. CMHA gives the sector a strong voice at a national level. It is led by a board and a leadership group comprising the CEOs of each of state and territory peak body, including MHCC ACT.

This year CMHA appointed its first Executive Director, Amanda Bresnan. Amanda commenced in this position in August 2016 and is co-located at MHCC ACT's city office. Amanda is already making a difference in expanding CMHA's relationships with key government officials and other stakeholders, and developing submissions and position statements. We look forward to continuing to see CMHA grow and become more influential with Amanda at the helm.

NDIS Report

The rollout of the NDIS trial in the ACT was the major focus of our work. Despite the vast challenges involved, we are proud that community managed organisations have provided continuity of support to service users, and remain committed to making the NDIS work. We are also proud of our role in working with the ACT government and the local NDIA to represent and support our sector.

The burden on community managed organisations from the introduction of the NDIS cannot be overestimated. We know that many have relied on other programs cross-subsidising NDIS services; on funding from reserves or debt; and at times just blind faith that the scheme will work. Organisations have continued to support service users during times of fundamental restructuring, large increases in administrative workloads and crucial information uncertainties.

A very public example of this was the introduction of a new NDIS portal in mid-2016, which has so far failed to work properly. As a result, some organisations reported being owed in excess of \$100,000 by the NDIS.

Sadly, the introduction of the NDIS has seen well-respected programs close, and experienced and dedicated colleagues leave the sector.

The impact on the sector continues to be huge, and long-standing concerns largely remain unresolved. With regards specifically to psychosocial disability, there is still real need for the NDIS to be fine-tuned to:

- Enable business models that support sustainable organisations with a well-qualified workforce delivering best practice services

- Address barriers to access
- Allow for specialist recovery oriented supports
- Recognise that even when mental illness is permanent, its impact can be episodic
- Provide timely, consistent and accurate information

How has MHCC ACT made a difference?

We have supported the sector through the NDIS transition in these key ways:

Influencing policy development

- Over the year, we coordinated sector responses to NDIS policy developments including the Information, Linkages and Coordination (ILC) and the pricing review



Senator Katy Gallagher at the MHCC ACT Federal Election Mental Health Forum. Photo: Sarah Kellett

- MHCC ACT led stakeholder participation in CMHA projects on individual supports for people with psychosocial disability, and workforce implications
- We sit on the steering groups of two ACT Government funded NDIS projects: 'Values in Action' on organisational transformation; and 'Opening Doors' on engaging indigenous communities in the NDIS
- On behalf of stakeholders, we wrote to all levels of government calling for urgent action to address key concerns. We received several responses but no observable action.
- We collaborate to deliver regular Mental Health and NDIS Transition Forums, which enable stakeholders to interact directly with NDIA and the ACT Government NDIS Taskforce.
- MHCC ACT organises forums for the NDIS Champions Group to share experiences and resources, raise operational issues and work together to find solutions for their clients. It is a small group of experienced mental health recovery workers, representing a variety of organisations.
- At the request of the NDIS Champions Group, MHCC ACT organised workshops on the cultural changes required to make the NDIS successful. These popular workshops were facilitated by Pieta Manning, Director of 'Your Plan, Your Way.'

Connecting the community sector

- We send a weekly NDIS e-newsletter to share developments, events, and reports with over 700 subscribers from the sector.



Professor Lorana Bartels spoke at a Prisoners Aid seminar funded through Mental Health Week ACT, which is administered by MHCC ACT

Mental Health Week Report

This year Canberra once again celebrated a hugely successful Mental Health Week ACT, which featured over 30 events run by community-based organisations and schools.

Mental Health Week ACT is coordinated by a committee of 16 members who represent mental health-related organisations as well as individual consumers and carers. The week is made possible thanks to a grant from ACT Health, which was increased for the 2016 event. Administration and additional financial support for the week is provided by MHCC ACT.

To celebrate our vibrant and diverse community sector, MHCC ACT organised a launch event on research into eMental Health. Australia is a world leader in this field – using digital interventions for depression and anxiety. The event took place at the Legislative Assembly on World Mental Health Awareness Day on Monday 10 October. Guests were Welcomed to Country by Auntie Jannette Phillips, who spoke about the importance of culture and the community in supporting people through tough times. The event attracted consumers, carers, organisations from the community managed mental health sector, and representatives from ACT Health.

We were pleased to have Frank Quinlan, CEO of Mental Health Australia, give a short introduction to the event. He spoke about the challenges that Australia faces as a nation, and congratulated the community sector for their profoundly positive impact on society.



Guest speaker Dr Bridianne O’Dea, Post-doctoral Researcher at Black Dog Institute, gave a fascinating presentation about the latest research in eMental Health. She explained how Twitter can identify people at risk of suicide, how computers can analyse blog posts to determine mental health, and how smartphones can recognise social isolation through Bluetooth technology.

MHCC ACT, in partnership with the ACT Mental Health Consumer Network and Cares ACT, hosted the 2016 Mental Health Week Awards at the Legislative Assembly on Tuesday 11 October. Seven awards were presented to recognise the outstanding contributions of the community in helping those with mental illness. A full list of award winners is available at mentalhealthweekact.org/awards

Guest speakers, Canberra United CEO Heather Reid AM and Matilda’s and Canberra United soccer player Ashleigh Sykes presented the awards. Heather and Ashleigh spoke of the importance of mental health in competitive sport, particularly at a professional level.

Our major event was the Mental Health and Wellbeing Expo on Friday 14 October. For the first time, the expo was held outside in City Walk, Civic. It featured 64 stalls including mental health service providers, art therapy, yoga, and a therapy alpaca. The expo attracted over 1200 people, more than double the patronage from last year.

The committee funded a sausage sizzle by OzHelp, which was extremely popular with the public. Free fruit, water, and popcorn was also on offer, with live music provided by the Dante Viva Musica Choir.

The expo is designed to raise community awareness of available local services and to connect service providers with the wider public. Feedback from stallholders was very positive, with people welcoming the venue change and increased interaction with the general public. Stallholders also found the event was a useful networking opportunity to build collaborations within the sector.

MHCC ACT administered 29 reimbursement grants for community organisations to host their own event as part of Mental Health Week, reaching a total of \$24,500. The grants were awarded to a wide range of organisations and schools, which created an equally diverse calendar of events. Most events that received a reimbursement grant were free and open to the public.

In the arts, events included designing masks, papermaking, and poetry readings. Events that promoted social inclusion included a gender

diversity youth dance (by YWCA), an information night for grieving families (by Compassionate Friends) and a yoga morning for mothers (by WCHM).

The events were widely marketed in the official Mental Health Week calendar. Over 6000 print copies were distributed across Canberra during September and October. The calendar was also published online and updated regularly.

The week's activities secured positive media coverage through the Canberra Times, The Chronicle, The Riot Act, and local radio 666 ABC Canberra and 2XX FM.

MHCC ACT would like to thank everyone for their support of Mental Health Week ACT 2016 and we look forward to working with you again next year.



'The Lived Experience' poetry anthology written, compiled and published by consumers

Photos from Mental Health Week: Launch and Awards



Jannette Phillips performs Welcome to Country at the launch of Mental Health Week 2016

Photo: Alex Boyer



Dr O'Dea from Black Dog Institute speaking on eMental Health

Photo: Alex Boyer



*Winners of the 2016 Mental Health Week Awards. Photo: Alex Boyer
A full list of award winners is available at mentalhealthweekact.org/awards*

Photos from Mental Health Week: Art and School Events



ACT Australian of the Year, Alan Tongue spoke to St Francis Xavier College students during Mental Health Week



*3D artwork montage created by consumers and staff at ACT Mental Health Consumer Network
Photo: Alex Boyer*



U3A's 'Circuit Breaker' theatre performance in partnership with Narrabundah College



Artist Vijaya Sen exhibits 'For Art's Sake' at The M16 Gallery. Photo: Dave Jenkins

Photos from Mental Health Week: Expo

Photos by Alex Boyer



City Walk comes alive at the Mental Health and Wellbeing Expo



The free expo was open to everyone and attracted a crowd of over 1200



Mental Illness Education ACT draws a crowd



Passers-by engage with stalls during the busy lunch hour

Photos from Mental Health Week: Expo



A powerful performance by the Dante Viva Musica choir



Hercules the Alpaca is a registered therapy animal



OzHelp provided a very popular free sausage sizzle

MHCC ACT Membership

MHCC ACT is the peak body in the ACT for community managed mental health services and relies on its members for support, policy direction and priority setting. A diverse membership base enables MHCC ACT to effectively influence policy and service outcomes.

The following organisations and individuals were members of the Mental Health Community Coalition ACT as of November 2016.

- ACT Mental Health Consumer Network
- ACT Shelter
- ADACAS
- Advocacy for Inclusion
- Aftercare
- Áine Tierney
- Anita Mansfield
- Anne Gapp
- ATODA
- Barnados Australia
- Bradley Foxlewin
- Canberra and Queanbeyan ADD Support Group Inc
- Capital Health Network
- Carers ACT
- Catholic Care
- Chris Van Reyk
- David Griffiths
- David Lovegrove
- Denis Strangman
- Directions ACT
- Domestic Violence Crisis Services
- Duo Services
- Evan Jones
- Headspace Canberra
- Jillian Thomsen
- Julie McMahon
- Karralika
- Keith Mahar
- Marymead
- Menslink
- Mental Health Foundation
- Mental Illness Education ACT
- Mental Illness Fellowship Victoria / Wellways
- OzHelp Foundation
- PANDSI
- People with Disability
- Peter Dwyer
- Phil Green
- Ralph Nelson
- Richmond Fellowship
- Rose Beard
- Sharon Leigh-Hazell
- Sunflower Services
- Susan Hanfling
- Tedd Noffs Foundation
- Thi Nha Tran
- Toora Women
- Volunteering ACT
- Woden Community Services
- Women Centre for Health Matters
- Women with Disability
- Youth Coalition of the ACT

MENTAL HEALTH COMMUNITY COALITION OF THE ACT
ABN: 22 510 998 138

FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2016

MENTAL HEALTH COMMUNITY COALITION OF THE ACT

ABN: 22 510 998 138

BOARD'S REPORT

Your board members submit the financial report of the Mental Health Community Coalition of the ACT for the financial year ended 30 June 2016.

BOARD MEMBERS

The names of board members throughout the year and at the date of this report are:

Marie Bennett	President
Sharon Leigh-Hazell	Vice President
Jacqui Price	Treasurer
Purity Goj	Secretary
Marina Glover	Director (resigned Dec-15)
Pam Boyer	Director
Gavin Bussenschutt	Director
Peter Dwyer	Director
Travis Gilbert	Director
Emma Robertson	Director
Aine Tierney	Director
Jillian Thomsen	Director

OPERATING RESULT

The result of the Association was a surplus of \$34,259 for the year ended 30 June 2016 compared to a surplus of \$46,543 for the year ended 30 June 2015.

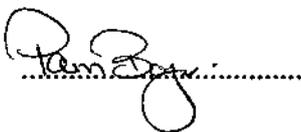
PRINCIPAL ACTIVITIES

The principal activity of the Association is provision of co-ordination, systemic representation and community/sector development service for mental health consumers, carers and community mental health service providers in the ACT.

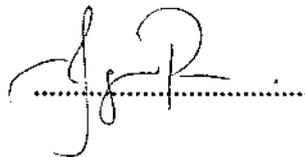
SIGNIFICANT CHANGES

No significant changes in the nature of these activities occurred during the year.

Signed in accordance with a resolution of the Board:



Board member



Board member

Dated this 18th day of OCTOBER 2016



CHARTERED ACCOUNTANTS
AUSTRALIA • NEW ZEALAND

Principal Phillip W Miller CA
Address Unit 1/37 Geils Court, Deakin ACT 2600
 PO Box 105, Deakin West ACT 2600
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Phone (02) 6215 7600
Fax (02) 6281 7708
Web www.mcsaudit.com.au
 ASIC Authorised Audit Company No. 408893

**AUDITOR'S INDEPENDENCE DECLARATION
 UNDER SECTION 60-40 OF THE AUSTRALIAN CHARITIES
 AND NOT FOR PROFITS COMMISSION ACT 2012
 TO THE BOARD MEMBERS OF
 MENTAL HEALTH COMMUNITY COALITION OF THE ACT
 ABN: 22 510 998 138**

As lead auditor for the audit of Mental Health Community Coalition of the ACT for the year ended 30 June 2016, I declare that to the best of my knowledge and belief, there have been:

- i. no contraventions of the auditor independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* in relation to the audit; and
- ii. no contraventions of any applicable code of professional conduct in relation to the audit.

MCS Audit Pty Ltd

**Phillip W Miller CA
 Director**

Dated in Canberra on: 21 October 2016



CHARTERED ACCOUNTANTS
AUSTRALIA + NEW ZEALAND

Principal Phillip W Miller CA
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ASIC Authorised Audit Company No. 408893

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF
MENTAL HEALTH COMMUNITY COALITION OF THE ACT
ABN: 22 510 998 138**

Report on the Financial Report

I have audited the accompanying financial report of Mental Health Community Coalition of the ACT, which comprises the statement of financial position as at 30 June 2016, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the responsible entities' declaration.

Responsible Entities' Responsibility for the Financial Report

The responsible entities of the registered entity are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the *Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act)* and for such internal control as the responsible entities determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I conducted my audit in accordance with Australian Auditing Standards. Those standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the responsible entities' preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the registered entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the responsible entities, as well as evaluating the overall presentation of the financial report.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

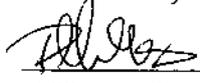
Opinion

In my opinion the financial report of Mental Health Community Coalition of the ACT has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (a) giving a true and fair view of the registered entity's financial position as at 30 June 2016 and of its financial performance and cash flows for the year ended on that date; and
- (b) complying with Australian Accounting Standards and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Name of firm: MCS Audit Pty Ltd

Name of director:


Phillip W Miller CA

Address: Unit 1/37 Geils Court, Deakin ACT 2600

Dated:

21 October 2016

MENTAL HEALTH COMMUNITY COALITION OF THE ACT
ABN: 22 510 998 138
STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2016

INCOME	Note	2016	2015
		\$	\$
Government Grants		573,096	557,940
Interest Received		9,123	9,165
Management Fees-CMHA		-	1,333
Membership Fees		3,409	7,418
Mental Health Week		29,942	24,190
Other Projects/ Sundry Income		26,106	32,805
Sponsorship and Donations		106	2,681
TOTAL INCOME	2	641,782	635,532

The accompanying notes form part of these financial statements.

MENTAL HEALTH COMMUNITY COALITION OF THE ACT
ABN: 22 510 998 138
STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2016

	Note	2016 \$	2015 \$
EXPENSES			
Audit & Bookkeeping Fees	3	7,150	9,491
Bank Fees		951	884
Contractors & Legal Costs		69	20,269
Depreciation		11,917	15,067
Employment Costs		386,279	334,985
Equipment <\$1,000		216	2,123
Forum & Meeting Expenses		619	619
Liability/Resources		-	16
Insurance		3,415	2,913
IT Support		10,670	11,388
Marketing and Promotions		5,674	3,709
Postage, Printing & Stationery		3,626	3,181
Project expenses		91,361	95,826
Rent, Electricity, Security & Cleaning		28,674	27,723
Staff & Board Amenities		3,293	4,398
Staff Recruitment Expenses		342	1,542
Staff - Training, Conferences & Workshops		2,373	6,144
Subscriptions - Memberships		6,291	7,496
Superannuation		33,510	28,919
Telecommunications		4,331	4,405
Travel and Accommodation		2,472	3,981
Website Redevelopment		4,290	4,000
TOTAL EXPENSES		607,523	589,079
OPERATING PROFIT(LOSS)		34,259	46,453

The accompanying notes form part of these financial statements.

MENTAL HEALTH COMMUNITY COALITION OF THE ACT
ABN: 22 510 998 138
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2016

	Note	2016 \$	2015 \$
ASSETS			
Current Assets			
Cash and cash equivalents	4	400,554	340,406
Trade Debtors and Receivables	5	1,137	4,046
Other Current Assets	6	4,914	2,481
<u>Total Current Assets</u>		<u>406,605</u>	<u>346,933</u>
Non-Current Assets			
Property Plant & Equipment	7	28,512	31,658
<u>Total Non-Current Assets</u>		<u>28,512</u>	<u>31,658</u>
TOTAL ASSETS		<u>435,117</u>	<u>378,591</u>
LIABILITIES			
Current Liabilities			
Trade Creditors and Other Payables	8	43,033	44,034
Provisions	9	45,702	21,252
<u>Total Current Liabilities</u>		<u>88,735</u>	<u>65,286</u>
Non-Current Assets			
Provisions	9	-	1,182
<u>Total Non-Current Assets</u>		<u>-</u>	<u>1,182</u>
TOTAL LIABILITIES		<u>88,735</u>	<u>66,468</u>
NET ASSETS		<u>346,382</u>	<u>312,123</u>
MEMBERS FUNDS			
Accumulated Funds at the beginning of Year		312,123	265,670
Current Year Surplus/(Deficit)		34,259	46,453
TOTAL MEMBERS FUNDS		<u>346,382</u>	<u>312,123</u>

The accompanying notes form part of these financial statements.



mental health
community coalition ACT

*We are the voice for quality
mental health services shaped by
lived experience*

